

# SHAPE YOUR BODY

## OPENING JAN. 2023



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### LIST OF EQUIPMENT

- WEIGHT CIRCUIT EQUIPMENT
- FREE WEIGHTS
- LIFE FITNESS POWERMILL CLIMBER
- TREADMILLS
- RECUMBENT BIKES
- CROSS TRAINER
- SMITH RACK
- PRO POWER RACK
- ADJUSTABLE BENCHES



[WWW.SMCSI.ORG/HUDSON-COMM-FITNESS-CENTER](http://WWW.SMCSI.ORG/HUDSON-COMM-FITNESS-CENTER)