SHAPE YOUR DO NOT BUT DO NOT BUT



3970 Munson Hwy. Hudson, MI 49247 517.448.1413

LIST OF EQUIPMENT

- WEIGHT CIRCUIT EQUIPMENT
- FREE WEIGHTS
- LIFE FITNESS POWERMILL CLIMBER
- TREADMILLS
- RECUMBENT BIKES
- CROSS TRAINER
- SMITH RACK
- PRO POWER RACK
- ADJUSTABLE BENCHES







WWW.SMCSI.ORG/HUDSON-FITNESS